March-Jun Registration

Jul-Aug Coach Training Jul-Aug Referee Training July 25-28 Team Meetings

Aug 4 Team Manager Meeting

Aug 2	Practices may begin
Aug 19	U5 Jamboree Start
Aug TBD	Pictures
Aug 27	U6-U8 Kick Off
Aug 27	Volunteer BBQ
Sept 10	First game U6-U19
Oct 14	U5 Jamboree Ends
Oct 29	Fall Season Ends
Nov 5/12	Regional Tournament
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Nov TBD	U16/19 Tournament
Nov TBD	Area Tournament

2022 Contacts

Regional Commissioner Annette Sweetman Annette.Sweetman@AntelopeAYSO.org

Coach Administrator Gus Aguirre Coachadmin@ AntelopeAYSO.org

Referee Administrator Steve Jacobs Steve.Jacobs@ AntelopeAYSO.org

Registrar Lynsie Bunton Lynsie.Bunton@ AntelopeAYSO.org

Team Parent Coordinator Karlene Bittler Team.Manager@ AntelopeAYSO.org

Antelope AYSO 7909 Walerga Road #112-156 Antelope, California 95843





Fall Season 2022 Information Sheet

Welcome to the Fall 2022 Season.

Antelope AYSO, like all AYSO Regions, is a 100% volunteer organization. We rely on the participation of each family to help make the season a success. Each team will need to supply coaches, referees, team parents, field-helpers, and line- painters. Please help do your part for the enjoyment of all the families.

Note: All volunteers, 10 years old or older, must apply online at AntelopeAYSO.org.

Please only apply for 1 Volunteer Position at this time.

REFEREE'S NEEDED

We need referees! We currently do not have enough referees to officiate the approximately 100 soccer teams playing games each weekend for this coming soccer season. Referees are essential and they allow us to offer a safe, fair, and fun experience for every game. A trained and certified Referee is needed for every game, and in most cases, we need three referees for the game. To put it simply, if we don't have referees, we cannot play the game. The training, and a uniform, will be provided for every volunteer who completes the Referee Training Course and officiates games.

It is not as scary as it sounds. In fact, it can be a lot of fun and it is certainly the best seat in the house. Visit our website, or contact our Referee Administrator, to find out when the next Referee Training class is scheduled.

REFUND POLICY

Requests for refunds must be received by **July 31**st and a \$30 processing fee will be deducted from the registration amount paid. Requests for refunds before **August 31**st and a \$40 processing fee will be deducted from the registration amount paid. Please provide the following information: player name, age, parent's name and mailing address, receipt number, and registration date by sending a letter to our mailing address, or by sending an email to:

Registration@AntelopeAYSO.org

How great coaches are born...

Everyone Plays @ • Balancest Teams • Open Registration • Positive Coaching • Good Sportsmanship • Player Development



Game schedule, activity calendar and updated information are always available at:

AntelopeAYSO.org

101 Ways to Praise a Child!

WOW • WAY TO GO • SUPER • YOU'RE SPECIAL • OUTSTANDING • EXCELLENT • GREAT• GOOD • NEAT • WELL DONE • REMARKABLE • I KNEW YOU COULD DO IT • I'M PROUD OF YOU

• FANTASTIC • SUPER STAR • NICE WORK • LOOKING GOOD • YOU'RE ON TOP OF IT • BEAUTIFUL • NOW YOU'RE FLYING • YOU'RE CATCHING ON • NOW YOU'VE GOT IT • YOU'RE INCREDIBLE •

BRAVO • YOU'RE FANTASTIC • HURRAYFOR YOU • YOU'RE ON TARGET • YOU'RE ON YOUR WAY • HOW NICE • HOW SMART • GOOD JOB • THAT'S INCREDIBLE • HOT DOG • DYNAMITE • YOU'RE

BEAUTIFUL • YOU'RE UNIQUE • NOTHING CAN STOP YOU NOW • GOOD FOR YOU • I LIKE YOU YOU'RE A WINNER • REMARKABLE JOB • **BEAUTIFUL WORK • SPECTACULAR • YOU'RE SPECTACULAR • YOU'RE DARLING • YOU'RE PRECIOUS • GREAT DISCOVERY • YOU'VE DISCOVERED** THE SECRET • YOU FIGURED IT OUT • FANTASTIC JOB • HIP, HIP, HURRAY • **BINGO • MAGNIFICENT • MARVELOUS • TERRIFIC • YOU'RE IMPORTANT • PHENOMENAL • YOU'RE SENSATIONAL** • SUPER WORK • CREATIVE JOB • **SUPER JOB • FANTASTIC JOB • EXCEPTIONAL PERFORMANCE** • YOU'RE A REAL TROOPER • YOU ARE RESPONSIBLE • YOU ARE **EXCITING • YOU LEARNED IT RIGHT •** WHAT AN IMAGINATION •WHAT A **GOOD LISTENER • YOU ARE FUN •** YOU'RE GROWING UP • YOU **TRIED HARD • YOU CARE • BEAUTIFUL SHARING • OUTSTANDING PERFORMANCE • YOU'RE A GOOD** FRIEND • I TRUST YOU • YOU'RE **IMPORTANT • YOU MEAN A LOT TO ME** YOU MAKE ME HAPPY
YOU BELONG YOU'VE GOT A FRIEND • YOU MAKE ME LAUGH • YOU BRIGHTEN MY DAY • I RESPECT YOU • YOU MEAN THE WORLD TO ME • THAT'S CORRECT • YOU'RE A JOY • YOU'RE A TREASURE • YOU'RE WONDERFUL • YOU'RE PERFECT • AWESOME • A+ JOB • YOU'RE A-OK MY BUDDY • YOU MADE **MY DAY • THAT'S THE BEST • A BIG**

HUG • A BIG KISS • SAY I LOVE YOU!



1. We pledge to be on time or early when arriving with my child for a practice or game. I understand that it is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time for warm up. I understand the importance of picking up my child on time for all games/practices. This shows respect for the coach, who has other time commitments, and tells my child that he or she is my top priority.

2. We understand that the top three reasons kids play sports are to have fun, make new friends and learn new skills. I understand that the game is for the kids, and that I will encourage my child to have fun and keep sport in its proper perspective. I understand that athletes do their best when they are emotionally healthy, so I will be positive and supportive.

3. We will redefine what it is to be a "Winner" in my conversations with my child. A Winner is someone who makes maximum effort, continues to learn and improve, and does not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that all children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.

4. We will "Honor the Game." I understand the importance of setting a good example of sportsmanship to my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and referees. I understand that officials, coaches, and players make mistakes. If the referee makes a "questionable" call, I will continue to respect the individual and be silent! And I will ask other parents and spectators near me to set a good example of sportsmanship as I am doing.

5. We understand that games can be exciting times for my child who is trying to deal with the fast- paced action of the game, respond to opponents, referees, teammates and listen to coaches. I will not add confusion by yelling out instructions. During the game, I will limit my comments to encouraging my child and other players for both teams. I agree to let the coach coach the game while I only encourage the players.

6. We will not make negative comments about the game, coaches, referees or teammates in my child's presence. I understand that this plants a seed, which can negatively influence my child's motivation and overall experience.

This is a pledge we ask every family to make each year, and we ask that you help support us by remembering this pledge each and every time you attend a practice or a game. Ayso kids zone

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How dedicated Referees can be...

